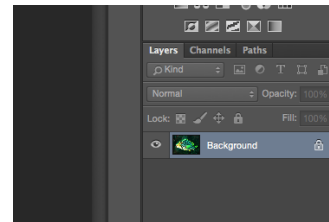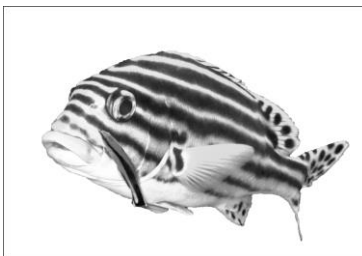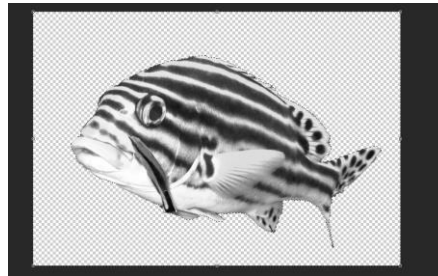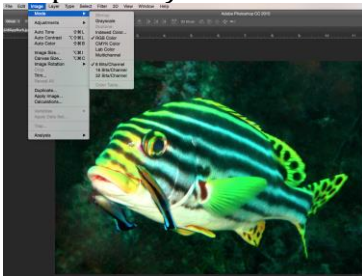Turn photo into stencil outline in Photoshop

1. Delete Background by selecting and deleting. Be sure to unlock the layer!
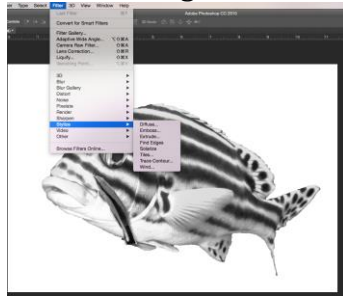

2. Image > Mode > greyscale
   From here, you could print your stencil, but it may be pretty dark and will most likely overheat the ink sheet, or it does not have enough definition (see printout).

3. Layer > Flatten image
4. (may be asked to discard color info, Yes)

5. Filter > Stylize > Find Edges

6. Filter > Filter Gallery > Photocopy or Poster Edges ... play with sliders to get desired effect. I've used Poster Edges here.